

11th International Conference of Psychomotorics

**Ústí nad Labem
20. - 21. 10**

**More information here:
<https://psychomot.cz/en/introduction/>**



PSYCHOMOT

PROGRAM

THURSDAY 20.10.

MORNING

presentation

8:30 - 9:00 - *Registration*

9:00 - *Conference Welcome*

9:15-10:00 - *Pathological forms of adolescent behaviour in relation to physical activity and nutritional regimes - a contemporary phenomenon* (doc. PhDr. Daniela Stackeová, Ph.D.; VŠTVS PALESTRA)

10:15 - 10:45 - *Indoor climbing for mental health of youths and young adults- a longitudinal project* (Marit Sørensen; Norwegian School of Sport Sciences)

11:00 - 11:30 - *Motivation camp in alpine skiing for youth and young adults with Spinal Cord Injury to promote biopsychosocial health* (Dr Anne Lane; Norwegian School of Sport Sciences)

11:45 - 12:30 - *Break for lunch*



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AFTERNOON

workshops

12:30 - 14:00 - *Psychomotorics in inclusive physical education*
(Mgr. Ilona Pavlová, MBA; FTVS UK)

14:00 - 14:45 - "Using the ideomotor response to deepen muscle relaxation" (PhDr. Martin Dlabal, Ph.D.; Oddělení v rámci Fakultní nemocnice Bulovka)

14:00 - 16:15 - *Who am I: Who are You : Who is Our Other?*
(Mary Anne Paterson; EMERSON COLLEGE)

16:15 - 17:30 - Rational Emotive Therapy for Every Day (PhDr. Jan Drahoňovský; PF UJEP, Husitská teologická fakulta UK)

17:45 - Conclusion of the first day of the conference



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FRIDAY 21.10.

MORNING

presentation

9:00 - 9:45 - *Children with autism spectrum disorder and their psychomotor development* (doc. PhDr. Běla Hátlová, Ph.D.; PF UJEP)

10:00 - 10:45 - *Non-pharmacological correction of aggressive behaviour in an individual with LMP* (PhDr. Mgr. Michal Vostrý, Ph.D., PhDr. Otakar Fleischmann, Ph.D., doc. PhDr. PaedDr. Ilona Pešatová, Ph.D.; PF UJEP)

workshops

11:00 - 11:45 - *Psychomotor exercises for children with impaired practice, communication and specifics in sensory perception* (Mgr. Petra Pecharová)

12:00 - 13:30 - *Laboratory of Movement and Health Promotion at FZS UJEP* (Mgr. Ivana Štolová, PhDr. Mgr. Michal Vostrý, Ph.D.; FZS UJEP)

14:00 - ZÁVĚR KONFERENCE



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