

Programme 2019

THE 10th INTERNATIONAL CONFERENCE OF PSYCHOMOTRICITY

Movement for psychosocial development

Wednesday 13th March - PF UJEP, Hořeni 13

8:30 - 9:30 Registration

9:30 Opening speech

Tereza Louková (Department of Psychology UJEP)

Jiří Škoda (Dean of the Faculty of Education UJEP)



9:35 - 10:50 Keynote speakers

Michel Probst (KU Leuven, Belgium) 30min

- Psychomotor therapy in the historical perspective.

Běla Hátlová, Vlastimil Chytrý, Tereza Louková, Martin Dlabal (KPS PF UJEP, CZE) 20 min

- Physical as a part of psychiatric patients treatment - longitudinal study.

Tereza Louková, Martin Dlabal, Běla Hátlová (KPS PF UJEP, CZE) 20 min

- Project PsychPat: Motivation Physical Activity Intervention for Psychiatric Patients during the Hospitalization -Effect on Motivation and Frequency of Physical Activity.

11:00 – 12:10

Martin Dlabal (KPS PF UJEP, CZE) 15min

- Interview and its influence on the experience of physical activity.

Marit Sørensen (NSSS Oslo, Norway) 30min

- An overview of the PsychPat Project and lessons learned from Norwegian perspective.



Nina MJøsund (Division for Mental Health and Addiction, Vestre Viken Hospital Trust) 25min

- Service user involvement – experiences from involving persons with severe mental disorders in the research process.

12:10 – 13:00 Lunch break



Programme 2019

THE 10th INTERNATIONAL CONFERENCE OF PSYCHOMOTRICITY

Movement for psychosocial development

Wednesday 13th March - PF UJEP, Hoření 13

13:00 - 16:45 Workshops

Small gymroom KT2

13:00 - 14:15

Michel Probst (KU Leuven, Belgium)

- Body image and physical to cornerstones of psychomotor therapy for patients with eating disorders.

14:30 -15:45

Toril Moe (University Hospital, Oslo, Norway)

- A practical work shop demonstrating good and effective "Starting up/get to know each other activities" used with psychiatric patients.

16:00 -16:45

Hana Nosková Fundová (Prague, CZE)

- Yoga - Physical experience and psyche.



Big gymroom KT1

13:00 - 14:15

Marie Blahutková (Centre of Sports Activities of University of Technology, Brno, CZE)

- Use of psychomotor for group collaboration.

14:30 -15:45

Lenka Semerádová (UJEP, Ústí n. L., CZE)

- Qui kung and Tai chi as a way to themselves and to others.

16:00 - 16:45

Jana Lakomá (Park Lane International School, Prague, CZE)

- Use of Makko's energy exercises to increase the concentration of children in the physical education of children.

19:30 Social Evening



Programme 2019

THE 10th INTERNATIONAL CONFERENCE OF PSYCHOMOTRICITY

Movement for psychosocial development

Thursday 14th March - PF UJEP, Hoření 13

9:00– 9:50 Lectures

Aula

Sigrid Strøm Olsen (Oslo, Norway) 25min

- "A qualitative research project with a practical physical activity intervention In an acute psychiatric ward".

Michel Probst (KU Leuven, Belgium) 25min

- Psychomotor therapy in 2019: the strengths and weaknesses.

10:00 – 10:30

Dr. Catarina Schäfer a Matthias Schäfer (Essen, Germany)

- Family time in motion: movement-oriented concept for promoting interaction within families.

10:45 –12:00 Workshops

10:45—12:00

Michaela Ehrenbergerová (Montessori školka Jonáš Prague, CZE)

- Possibilities of coping with stress and aggression.

Small gymroom KT2

10:45 –11:45

Dr. Catarina Schäfer a Matthias Schäfer (Essen, Germany)

- Family time in motion: movement-oriented concept for promoting interaction within families.



12:00 – 13:00 Lunch break



Programme 2019

THE 10th INTERNATIONAL CONFERENCE OF PSYCHOMOTRICITY

Movement for psychosocial development

Thursday 14th March - PF UJEP, Hoření 13

13:00 - 16:00 Workshops

Big gymroom KT1

13:00 - 14:30

Mary – Anne Paterson (Cancerkin Unit the Royal Free Hospital London, UK)

- Working with The Four Elements as Metaphoric Tool through arts therapy .

14:45 - 15:00

Renata Hajná (KPS PF UJEP, Útí n.L. CZE)

- Movement for psychosocial development of pupils with special educational needs.

Small gymroom KT2

13:00 –14:30

René Lavecká (lektorka vědomého doteku a intimity v Praze, CZE)

- The importance of touch for relaxation and psychosocial development.

14:45 - 16:00

P. Šrámková a G. Kavalířová (KTV FPE ZČU v Plzni, CZE)

- Using gymballs as part of not only psychomotor activities ...or gymbally playful and varied.



16:00 Official closing of the conference